



Overcome behavioural problems that get in the way of learning

For all grades

Here are a few ways you can help overcome behaviour problems that get in the way of your child's learning:

- In dealing with children's behavioural problems, think about what you want your actions to accomplish.
- Involve your child in solving the problem, this is how they will come to accept responsibility for it.
- Don't think of your child having a problem, think of a problem having your child.
- Provide support to your child to overcome difficulties, but provide only the minimum amount they need to be successful
- Never ask your child "WHY" they are doing something. Instead build a system of expectations around behaviour.

This tip sheet was prepared by Dr. Stephen Barker,
Psychologist.