



Cyberproofing: Protect your child on the Internet

Creating a "family contract" regarding the Internet, signed by parents and the child, can lead to smarter and safer use of this information tool. Here are some suggested agreements, created by the Peel Regional Police's Internet Safety Committee.

Parent's agreement

As the parent (guardian or caregiver) of an Internet user:

- I will establish reasonable rules for my child to use the Internet.
- I will set reasonable times and lengths of time to allow my child to use the Internet.
- I will not over-react if my child shows me embarrassing, hateful or other inappropriate communications from the Internet. We will work together to solve this problem.
- I will take an interest in my child's activities on the Internet, and try to learn about my child's "cyberfriends" and about the sites my child visits.
- I will not allow the Internet to become an electronic babysitter.

I agree to the rules I have checked above.

(Parent's signature)

Youth's agreement

As an Internet user:

- I understand that the use of the computer and the Internet is a privilege.
- I will ask permission from my parents (guardian or caregiver) each time before I get onto the Internet.
- When I ask permission, we will decide together how long I may stay on the Internet for that session.
- I will act responsibly while using the Internet.
- I will be polite and courteous while on the Internet, and not say or do anything I would not want said or done to me.
- I will not give out any personal information about my family, my friends or myself over the Internet. This includes my name, address, telephone number and school name, as well as pictures of my family, friends or myself.
- I will never agree to meet in person anyone I have met on the Internet.
- I will never open e-mail when I do not know who sent it.
- I will not respond to messages that embarrass me, make me angry or are mean in any way. If I receive any messages like this, I will immediately tell my parents.
- I will not give out my Internet password to anyone other than my parents.

I agree to the rules I have checked above.

(Youth's signature)